## **Grand Valley Institution for Women**

Anonymous Prisoner 1

Honourable Prime Minister Trudeau needs to bring back Accelerated Parole Review, which was eliminated by the previous federal government. This is a very important law and policy that must be in place to allow certain first-time federal prisoners to re-enter society at one-sixth of their sentences so that they can avoid the damage of incarceration, which undermines community safety.

The harsh punishments and mandatory minimum sentences also need to be changed, with sentencing based on an individual's offences, as well as a close examination of the conditions that contributed to their acts where relevant, including childhood abuse and suffering. These individuals need love, self-care and inner healing.