The Prison Resistance Project is comprised of two friends based in Guelph, Ontario, who want to make connections with former or current prisoners who have stories to share about resistance inside. Our end goal is to write a book that shares these stories. We are reaching out to people on the inside to share stories with us.

We recognize that acts of resistance can take many forms; they may be intended to foster change in conditions, to express rage or to create solidarity among people in prison. We have heard stories of about prisoners flooding their cells, hunger striking, breaking sinks, making t-shirts for Prisoners' Justice Day or taking collective action by refusing lockdown. Prisoners have told us that these actions sometimes lead to positive change in their conditions, and are also useful in taking back some of the control over their daily lives and individuality that prison takes away. We are interested in hearing about the actions themselves, events leading up to them and how they affected prisoners.

The strategies of isolation and silencing used in correctional systems are part of a greater system of state control over all our lives, inside and outside prison walls. The Prison Resistance Project aims to document strategies, along with tactics against incarceration to all those who may find them useful and inspiring. For those of us who come from communities that are more likely to be criminalized (like folks who are broke, queer, of colour, addicted or politically dangerous), and in light of our ever-expanding prison industrial complex, it is important to hear how others before us have navigated the prison system. We would be happy to share a bit more of our intentions behind this and who we are.

We want to hear your stories. You can write to us. But if writing is not your thing, we could arrange a phone call. You can also get in touch with us by sending a letter to:

> P.O. Box 183 Guelph, ON N1H 6J6

Towards a world without prison – Danielle and Erica