What is left of the Red Man whom we came to convert? In a dark womb/stripped and robbed of my culture/first it was residential school where another lost her potential/ Forsaken

There's no mistaken/his land was taken

Teepees to a six by nine cell/pray to the Creator they say we're going to hell/ Forsaken

In a dark womb/pouring out my heart to a stranger I didn't know/it's exhaustion.

Indian to Indigenous/what about my late Father's pain/taken in the sixty scoop/I remember a verse from a song he showed me/it's called logical "Everything was magical wonderful then they took me away taught me to be logical"/my Father said it reminded him of that time/ Forsaken

In a dark womb/I heard echoes of Justin Trudeau say they foster rehabilitation and reintegration yet all I see is INCARCERATION/why? Forsaken

In a dark womb/I did ten years: two thirds past my time/finish my correctional plan and accomplish my high school diploma So where's the reintegration? Am I forsaken?

Fortification/please see my probity, dark reality, prudential. I'll step up and live for my Father and Mother potential Proved First Nation/From Heart Lake first nation... all my relations.