Line 26: Changed “Being” to “**Having being** born in Australia **in 1926.**” Deleted “/” between stuied/worked and added “and”. Deleted “in” and added “Australia” and comma.

Line 27: Changed “substantial” to “tremendous”.

Line 28: Accepted Comma after successful author. Deleted a’s after teacher and successful author.

Line 31: Deleted “Recently, I” and accepted Capital “I” changes. Added “u” to “honour”.

Line 39: Added dash in “10-minute”

Line 42: Edited “-“ after the word “mine”.

Line 49: Deleted “-“ between “English speaking countries”.

Line 51: Changed “a” to “the” before “idea”.

Line 53: Deleted “It really changed my career from general practice to public health.”

Line 57: Edited “since then” to “since 1969”.

Line 60: Deleted “sure, t” and added “T”. Added comma after concept.

Line 61: Changed “.” With “:”. Change “enhance” to “Enhance.”

Line 62: Changed i.e. to e.g.,

Line 64: Added “and” before (5) . Added comma after behaviors.

Line 76: Made “th” superscript after 1/7 and 1/9

Line 77: Added “a” before little. Changed “in” to “on” before “the surface”

Line 86: Changed “practise” to “practice”

Line 93: Changed “they” to “it” before “should.”

Line 108: Deleted (eg. Day Care centers). Added s after “value”.

Line 112-136: Deleted.

Line 141: Added the semicolons between the New Australian. Changed “who” to “which”.

Line 142-43: Changed “often many, most of even all their family” to “many family members”.

Line 149-53: Edited the format of references.